

# Press Release

Office of the Mayor  
City of Middletown  
Connecticut 06457



October 5, 2015

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## SEVERAL COMMUNITY HEALTH ACTIVITIES TO TAKE PLACE AT CITY HALL

Middletown, CT, – Mayor Daniel T. Drew is pleased to announce several community health activities that will take place in the City of Middletown.

A Flu Clinic and Health Fair will be held at City Hall on October 6<sup>th</sup>. The Flu Clinic will take place in the foyer of City Hall (245 DeKoven Drive) from 10:00am until 7:00pm. More information can be found on the city's website ([www.middletownct.gov](http://www.middletownct.gov)).

The Health Fair is open to the public and will include over twenty vendors offering health screenings and providing health and safety information. The Health Fair will be held on October 6<sup>th</sup> from 10:00am until 2:00pm in the City Hall Council Chamber. The fair will include information on chiropractic services, acupuncture, hearing and vision tests, oral health, as well as blood pressure and glucose information.

In addition, City employees will have the opportunity to participate in a voluntary health screening to evaluate their risk for cardiovascular disease, diabetes, liver and kidney disease and other preventable health problems. The employee health screenings are part of the City's employee health and wellness program, and serve as a way to control health care costs, by promoting a healthy workforce.

On October 8<sup>th</sup>, the 6<sup>th</sup> annual Go Pink Project will be held at City Hall from 2:30 – 5:30pm in the City Hall lobby. Pink hair extensions and pink t-shirts will be sold in order to benefit breast cancer patients at Middlesex Hospital Cancer Care Center. The Go Pink event will also take place at other locations throughout Middletown. Additional information is available at [www.gopinkproject.com](http://www.gopinkproject.com).

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